

# OUTDOOR SOCCER PROGRAM DETAILS 2026

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# CALGARY CITY FOOTBALL CLUB

**Following the LTPD Model by Canada Soccer**

## **What is LTPD (Long-Term Player Development)?**

LTPD is a developmental framework based on understanding human growth stages, from childhood to adulthood. It identifies specific stages with unique physical and psychological characteristics, allowing young athletes to train and compete in environments suited to their age and abilities. This approach ensures players perform their best while enjoying the game.

## **Calgary City FC and LTPD**

At Calgary City FC, sessions are led by certified and knowledgeable technical staff who follow an age-specific curriculum and game model. The club prioritizes creating a safe and positive learning environment for players of all abilities, encouraging them to reach their potential.

## **Why Choose Calgary City FC?**

- Competitive team atmosphere.
- Opportunities to develop technical skills and social skills.
- A supportive environment to build lifelong friendships.

Joining the Calgary City CMSA program is perfect for aspiring athletes who want to grow in a structured and fun environment.



**"NEVER STOP BELIEVING"**

## CALGARY CITY FC AID

### Calgary City FC family AID

At our club, we are community-oriented, helping each other. We understand that not all families have the same opportunities. Our club offers payment installments (5 per season), or you can make one full payment.

### Three or more Sibling Discount

As part of our commitment to families, we offer a 25% discount when you register all 3 or more siblings to any of our CMSA programs, U7 and Up.

### First-Time Club Players

If your child has **NEVER** been registered with a club before, we would like to welcome you with a \$25 discount on your first registration for any CMSA programs.

### FREE SHOE EXCHANGE (Bring a pair OR Take a pair)

Donate your clean & gently used soccer shoes, or other gear for those who may need it.

**New Referral:** Invite a **NEW** friend to join our club, and in appreciation, you will receive a **10% discount** on your registration fees, which can be credited to your club account for **each referral**.

### Bring a Female Friend Initiative

Help grow our girls' soccer program!

If you bring a new female player to join the CMSA league, both you and your friend will receive a **25% discount on registration fees that will be credited to your club account**. This offer is valid for new female players born between **2015 and 2019**. Let's build our community together—one teammate at a time!

### FINANCIAL ASSISTANCE

To apply for financial assistance, please complete the applications listed below and submit completed applications. We will credit the grant approval to your club account.

- [KidSport](#)
- [Their Opportunity](#)



**"NEVER STOP BELIEVING"**

## VOLUNTEERS ARE ESSENTIAL FOR OUR CLUB

Volunteer as a coach, team manager, or let us know how you can help our club. **It is fun and rewarding to give back to the community and support our young athletes!**

Calgary City FC provides an environment for all coaches to develop and continue their learning and education. We provide coaches with the opportunity to complete their mandatory NCCP courses, police check and CMSA coaching education requirements, and we continue to support our coaches in getting a **Concacaf C Diploma**.

We do require that all coaches, managers and BOD accept the Calgary City FC Harassment Policy, agree to abide by the league Coach Code of Conduct and have a valid Police check. If you are interested in coaching, managing a team or helping our club in other forms, please do not hesitate to let us know.

[Info@calgarycityfc.ca](mailto:Info@calgarycityfc.ca)

Credits will be offered at the **END** of the season for VOLUNTEERS to be used for the following season:

Head Coach \$50

Team Manager \$50

Other volunteer credits to be discussed



### Minimum Coaching Standards

	Through CMSA	Respect Group	NCCP Certification					Canada Soccer Coach Education Program								
			e-PIC	Respect in Sport	Making Ethical Decisions	Making Head Way	Rule of Two	EAP	Active Start Theory	Active Start Practiced	Fundamentals Theory	Fundamentals Practiced	Learn to Train Theory	Learn to Train Practiced	Soccer for Life Theory	Soccer for Life Practiced
U7 - U9	✓	✓									★	+				
U10 - U11	✓	✓		+	+								★	+		
U12	✓	✓	✳	✳	✳	✳	✳	✳					✳	✳	✳	✳
U13 Tier II, III, IV	✓	✓	✳	✳	✳	✳	✳	✳					✳	✳	✳	✳
U13 Tier I	✓	✓	✳	✳	✳	✳	✳	✳					✳	✳	✳	✳
U15+ Tier II, III, IV	✓	✓	✳	✳	✳	✳	✳	✳					✳	✳	✳	✳
U15, U17 Tier I	✓	✓	✳	✳	✳	✳	✳	✳					✳	✳	✳	✳
House Leagues Age & Stage Appropriate	✓	✓	+	+					★	+	★	+	✳	✳	✳	✳

**Safe Sport**      **Technical Coaching Training Requirements**

✓ Required for all team officials (coaches, assistant coaches, team managers)  
✳ Required education for coaches and assistant coaches  
+ Recommended coach training

## **NEW** Calgary City FC KIT

### **Gear Requirements:**

Each player must have their shin pads and appropriate footwear for soccer.

For grassroots programs (U7 to U9), we have sponsorship from Tim Hortons and Shane Homes, which provide us with the players' uniforms.

Players new to the team or moving up to U10 will be required to purchase a CCFC Kit (\$135), while existing players may order separately what they need. The kit includes a backpack, two jerseys (home and away), shorts, socks, a hoodie, and a training T-shirt (red or white). The set is mandatory – all players must wear the proper gear, with no exceptions. Players will keep the whole kit.



### **Education and Facility Fee:**

**The \$15 education fee covers our team officials' training, including Respect in Sport, Rule of Two, National Coaching Certification Program courses, coaching licences, and development. A \$15 facility fee will also be added to all registrations. Calgary City FC plans to have its own facility for its players. This fee will be used solely for facility development. Please visit our website for more details about the project.**

**\* Education and facility fees are in addition to registration fees.**

## HOW TO REGISTER

- 1) To [register](#) for a program, visit [Calgary City FC](#) and click on the program that you want to register
- 2) Create an Otto Sport account under your name - Parent/Guardian
- 3) Add a player – each player in your family needs to be added individually
- 4) Click on register now and pick the product you want to register your player in
- 5) Once you have added all the products you want to register, click on “Add to Basket.”
- 6) Enter the promo code if applicable and click on “Update Basket.”
- 7) Click on “Check Out”
- 8) Complete the waiver(s)
- 9) Choose a payment method
- 10) Complete payment

Please note you only need one account per family. You do not need to create a new account if you already have an account and have registered previously.

**Installment plans are available for all CMSA Development teams.**



## REFUNDS

All refund requests go to [info@calgarycityfc.ca](mailto:info@calgarycityfc.ca)

- Administration fee applies and will be deducted from all refunds. Grassroots (Under U9) \$50 and CMSA U10 and up \$100
- There will be **NO** refunds granted or issued after **March 26, 2026**
- The timeline for receiving a refund will be about 8 weeks from receipt of the refund request.

## DEADLINES

Non-injury-related refunds deadline before **March 26, 2026**

Injury-related (with a doctor's note) Refunds might be offered on a case-by-case basis to be determined by the cost already incurred in the program.

Moving/relocating (with proof). Refunds might be offered on a case-by-case basis to be determined by the cost already incurred in the program.

## CONDITIONS FOR REFUND

Will ONLY be considered under the following circumstances:

- Request is received before the deadline of **March 26, 2026**
- For non-injury-related requests - the player has not yet been placed on a team.
- Change in family circumstances, by moving out of the city or country.
- Injury to a player that will be medically deemed unable to play for the remainder of the season, accompanied by a doctor's note.

## Grassroots Active Start

U4 - U5 - U6 (2022/2021/2020) Co-Ed



- Starting May 04- June 22
- Mondays from 4:45 pm to 5:30 pm
- St Andrew's Heights Park (2504 13 Ave NW)
- Parental Participation may be required
- Includes a FULL club soccer training uniform and a Soccer ball
- *Cost \$100*

### What to Bring:

Water, indoor soccer shoes or running shoes, and shin guards

- ✓ *Fun Developmental Games*
- ✓ *Physical Literacy*
- ✓ *Running, Jumping, Rolling, Kicking*
- ✓ *Balance, Coordination, Changing directions*
- ✓ *Meet new friends*
- ✓ *Foster love for the ball*
- ✓ *Certified coaches meeting the CMSA and Canada Soccer standards*

[TO REGISTER CLICK HERE](#)

\*You will need to create a family profile on Otto Sport, add each player individually and choose the program(s) you would like to register.

## Grassroots Fundamentals CMSA

U7 – U8 (2019/2018)

Season April 22 - June 27

Monday 5:30 to 6:30 **U7**

Monday 6:30 to 7:30 pm **and** Wednesday 5:30 to 6:30 **U8**

At St Andrew's Heights (2504 13Ave NW)

Saturday CMSA Matches Starting on May 02 at Dalhousie  
Community/Edgemont/Harvest Hills NW Teams.

Formats - 3v3 U7 and 4V4 U8 (3 matches) 20 min each

April 27, release the full schedule by CMSA

Includes club soccer training jersey and Matches uniform Sponsor by  
Shane Homes

\$180 U7 One practice and a league game

\$300 U8 Two practice and a league game

Fall Short season from Aug 17 to Sep 14



- ✓ *Fun Learning Developmental Soccer Games*
- ✓ *Physical Literacy*
- ✓ *Focus on developing soccer skills*
- ✓ *Decision-making and creativity*
- ✓ *Controlling 1V1s and transitions*
- ✓ *Team effort*
- ✓ *Certified coaches meeting the CMSA and Canada Soccer standards*

**Registration is now open**

\*You will need to create a family profile on Otto Sport, add each player individually and choose the program(s) that you would like to register.

# CMSA Grassroots Developmental

## U9 (2017)

Season April 22 - June 27

Monday 6:30 to 7:45 pm

Wednesday 6:30 to 7:45 pm

At St Andrew's Heights (2504 13Ave NW)

Saturday CMSA Matches Starting on May 02 at Dalhousie Community/Edgemont/Harvest Hills NW Teams.

Formats - 5v5 (2 matches) 25 min each

April 27, release the full schedule by CMSA

Includes club soccer training jersey and Matches uniform Sponsor by Shane Homes  
\$400

Fall Short season from Aug 17 to Sep 14



- ✓ *Soccer Technique*
- ✓ *1V1 Dominance*
- ✓ *Soccer game IQ*
- ✓ *Trial and Error*
- ✓ *Small-sided game*
- ✓ *Balance, Coordination, Changing directions*
- ✓ *Certified coaches meeting the CMSA and Canada Soccer standards*

**Registration is now open**

\*You will need to create a family profile on Otto Sport, add each player individually and choose the program(s) that you would like to register.



# Shane Homes Grassroots League

## U7 – U9

### Goals of the Shane Homes Grassroots League

CMSA's [Grassroots League](#), sponsored by Shane Homes, is modelled after national and international best practices and [Calgary Minor Soccer Association League Standards](#) with a developmentally appropriate playing environment that allows expression, creativity, and development to flourish. Match Day provides players with more time on the field, more time on the ball, and flexible matchups through an open roster system.

This league encourages mixed-ability (balanced) groupings prioritizing social relationships as the basis of Match Day groups. This allows players to move between groups as required to ensure that each participant has a positive and developmentally appropriate match environment. The Shane Homes Grassroots League prioritizes enjoyment, so players want to come back next week and more importantly, for many seasons to come!



#### Meaningful Matches

Ensuring all players have a positive experience in soccer



#### Consistent Match Days & Times

Allows families to plan their schedules in advance



#### Centralized Locations

Quadrant-based play to limit travel time for families



#### Child-first Approach

Encouraging activity, supporting the individual players development

### Program Terminology

When speaking to parents and other stakeholders, and in promoting your club's grassroots programming, CMSA recommends using words such as accessible, family-friendly, fun, safe, developmentally appropriate, and best-practice or research-based. Below are some words and phrases to avoid, and some options to use instead.

#### Avoid:

- Competitive League / CMSA Festivals
- Game Day / Festival Day
- Competitive
- Top-level / Elite
- Best-with-best
- Team(s)

#### Recommendations to use instead:

- CMSA Grassroots League
- Match Day
- Meaningful matches
- Currently more developed
- Similarly developed
- Group(s)

### Program Structure

	U7	U8	U9
<b>Player Fee</b>	\$39.00	\$50.00	\$55.00
<b>Season Dates</b>	May 2 – June 27	May 2 – June 27	May 2 – June 27
<b># of Match Days</b>	8 Total	8 Total	8 Total
	1 per week, Saturdays  8 Match Days (no Match Day May 16)	1 per week, Saturdays  8 Match Days (no Match Day May 16)	1 per week, Saturdays  8 Match Days (no Match Day May 16)
<b>Match Day Play Dates</b>	Quadrant based*: <ul style="list-style-type: none"><li>• NE: Genesis</li><li>• NW: Dalhousie/Edgemont/Harvest Hills</li><li>• Central/South: Flames Community Arena/Lake Bonavista Community Association</li></ul>	Quadrant based*: <ul style="list-style-type: none"><li>• NE: Genesis</li><li>• NW: Dalhousie/Edgemont/Harvest Hills</li><li>• Central/South: Flames Community Arena/Lake Bonavista Community Association</li></ul>	Quadrant based*: <ul style="list-style-type: none"><li>• NE: Genesis</li><li>• NW: Dalhousie/Edgemont/Harvest Hills</li><li>• Central/South: Flames Community Arena/Lake Bonavista Community Association</li></ul>
	*Locations based on availability	*Locations based on availability	*Locations based on availability
<b>Match Length</b>	3 @ 20 min matches per Match Day	3 @ 20 min matches per Match Day	2 @ 25 min matches per Match Day
<b>Final Match Day</b>	Grassroots Rally, June 27	Grassroots Rally, June 27	Grassroots Rally, June 27
	CMSA supplied fields	CMSA supplied fields	CMSA supplied fields
<b>Referees</b>	Coach facilitated	Coach facilitated	Coach facilitated
<b>Jerseys</b>	Shane Homes Jerseys at no cost to clubs	Shane Homes Jerseys at no cost to clubs	Shane Homes Jerseys at no cost to clubs
<b>Standings</b>	No scores or standings posted	No scores or standings posted	No scores or standings posted
<b>Format</b>	3v3 - No GK	4v4 – No GK	5v5 – w/GK
<b>Min/Max Roster Sizes</b>	Min 4 - Max 8	Min 4 - Max 8	Min 6 - Max 10
<b>Roster Composition</b>	Balanced, Mixed Ability	Balanced, Mixed Ability	Balanced, Mixed Ability

## CMSA Developmental Plus

U10 (2016) U11 (2015)

Season April 14 to Sep 25

\*Summer Break July 27 to Aug 25\*

- Technical sessions on Tuesday from 5:30 to 7:00
- Training Sessions on Thursday from 5:30 to 7:00

14 Matches (Citywide) Formats -7v7 (50 Min matches)

- New players will be required to purchase a CCFC Kit (\$135), which includes a backpack, two jerseys (home and away), shorts, socks, a hoodie, and a training T-shirt (red or white). The set is mandatory – all players must wear the proper gear, and players will keep the whole kit.

**Cost \$700**

### Fall season (Included)

Aug 25 to Sep 25

8 Training Sessions

2 Friendly Matches



- ✓ Soccer Technique
- ✓ 1V1 Dominance
- ✓ Soccer game IQ
- ✓ Trial and Error
- ✓ Small-sided game
- ✓ Balance, Coordination, Changing directions

**Registration is now open**

\*You will need to create a family profile on Otto Sport, add each player individually and choose the program(s) that you would like to register.

CMSA



## CMSA's U10 and U11 League

### About the Developmental Plus+ and Developmental Programming

CMSA's **U10 and U11 League** has a 'Developmental Plus+' and 'Developmental' stream. Both streams offer a quality experience for players and their families. *Neither stream is purely based on ability, but on the needs, interests, and motivations of the child. The determining factors in evaluating whether to place groups in the "Developmental Plus+" or "Developmental" streams are the length of the season and the proximity of their matches. "Developmental Plus+" will play in a city-wide division and have a longer, split season. "Developmental" will have regionalized play with a shorter season.* In this player-first model, clubs are encouraged to evaluate players based on their levels of interest and commitment in soccer and utilize social relationships (friendships) as a key factor in forming teams.

CMSA advocates for equal playing time for all players and to try all positions on the pitch. No scores or standings are kept in the Developmental Plus+ or Developmental stream.

### Development Plus+ Stream

This stream is appropriate for players and families interested in:



**Soccer as their primary activity**

For players who LOVE soccer, are very interested & likely to participate year-round



**Longer Season, City-Wide**

For players looking for a longer season and are comfortable with city-wide play



**More activity each week**

For players looking for increased play/training opportunities within their club environment

### Development Stream

This stream is appropriate for players and families interested in:



**A variety of sports or activities**

For players who may be multi-sport, have a variety of different interests/commitments, looking for 'part-time soccer'



**Shorter Season, Quadrant-based**

For players looking for a shorter season and want games closer to home



**Less activity each week**

For players looking for less soccer activity to make time for other interests/family time

### League Structure

	U10 PAPAJOHNS League	U11	KALTIRE League
<b>Per Player Fee</b>	Dev+: \$168.00 Dev: \$148.00	Dev+: \$168.00 Dev: \$148.00	Dev+: \$168.00 Dev: \$148.00
<b>Programs</b>	Dev+ and Dev	Dev+ and Dev	Dev+ and Dev
<b>Format</b>	7v7 including GK	7v7 including GK	7v7 including GK
<b>Regular Season</b>	<ul style="list-style-type: none"> <li>Dev Plus+: April 25 – July 26</li> <li>Dev: April 25 – July 12</li> <li>Division format will depend on number of groups entered</li> </ul>	<ul style="list-style-type: none"> <li>Dev Plus+: April 25 – July 26</li> <li>Dev: April 25 – July 12</li> <li>Division format will depend on number of groups entered</li> </ul>	<ul style="list-style-type: none"> <li>Dev Plus+: April 25 – July 26</li> <li>Dev: April 25 – July 12</li> <li>Division format will depend on number of groups entered</li> </ul>
<b>Match Length</b>	2 x 25 min. halves	2 x 25 min. halves	2 x 25 min. halves
<b># of Games</b>	Dev+: 14 Dev: 10	Dev+: 14 Dev: 10	Dev+: 14 Dev: 10
<b>Play Dates</b>	<p>May play any day of the week. Dev Plus+: City-wide Dev: Regional Divisions (N/S or E/W where possible)</p> <p><b>Clubs are STRONGLY encouraged to enter their House League groups into Dev Division.</b></p>	<p>May play any day of the week. Dev Plus+: City-wide Dev: Regional Divisions (N/S or E/W where possible)</p> <p><b>Clubs are STRONGLY encouraged to enter their House League groups into Dev Division.</b></p>	<p>May play any day of the week. Dev Plus+: City-wide Dev: Regional Divisions (N/S or E/W where possible)</p> <p><b>Clubs are STRONGLY encouraged to enter their House League groups into Dev Division.</b></p>
<b>Standings</b>	No scores or standings posted	No scores or standings posted	No scores or standings posted
<b>Fields</b>	Club Community Fields	Club Community Fields	Club Community Fields
<b>Referees</b>	Scheduled and paid by CMSA	Scheduled and paid by CMSA	Scheduled and paid by CMSA
<b>Min/Max Roster Sizes</b>	Min 11 - Max 20	Min 11 - Max 20	Min 11 - Max 20
<b>Roster Composition</b>	Interest Based	Interest Based	Interest Based
<b>Fall Series (Reg'n Required)</b>	September 11 – 13	September 11 – 13	September 11 – 13

## CMSA Developmental PLUS

U12 (2014) U13(2013)

April 16 – Sep 26 (Training time will increase to 1.5 hours as daylight permits)

- Tech sessions on Tuesdays from 7:00 to 8:30
- Practice sessions on Thursdays from 7:00 to 8:30
- 8 Fitness sessions on Friday from 6:00 to 7:00 PM
- 4 Video Analysis Sessions
- 14 CMSA games – times and location TBD by CMSA  
Format 9V9 Matches (70 Min U12 / 80 Min U13)
- New players will be required to purchase a CCFC Kit (\$135). The kit includes a backpack, two jerseys (home and away), shorts, socks, a hoodie, and a training T-shirt (red or white). The set is mandatory for all players to wear the proper gear. **Players will keep the entire kit.**
- **Cost \$980**
- **\* Summer Break is July 26 – August 20<sup>th</sup>\***
- **Locations:** St Andrew's Heights (2504 13 Ave NW)



- ✓ Soccer Technique
- ✓ Soccer game IQ
- ✓ Trial and Error
- ✓ Small-sided game
- ✓ Tactical games



## CMSA's U12 and U13 League

### Goals of the U12 and U13 League

CMSA's league offering for the [U12 and U13 League](#) aims to have quality programming for youth at all ages, stages of development, and interest/commitment levels. CMSA welcomes experienced and novice players into any of our clubs to continue or begin their soccer journey. Our U12 and U13 leagues operate in alignment with [Long-Term Player Development \(LTPD\) Standards](#) and would be a part of Stage 3 – Learn to Train (U12) and Stage 7 – Soccer for Life (U13 – Community and Competitive).

CMSA advocates for equitable playing time for all players regardless of Tier in these ages. A balance of skill level and commitment should be considered when tiering players. CMSA recommends the following considerations to ensure that players and families are placed in the appropriate program:

### Tier I and Tier II Considerations



#### More developed players

For players who are more developed and experienced in the game of soccer



#### Year-round soccer participation

For players who are more likely to play year-round and/or have soccer as their primary activity



#### Increased weekly commitment\*

For families committed to 3 or more soccer activities each week (training and a match)

### Tier III and Tier IV Considerations



#### More entry-level players

For recreational players and/or players who are entering the sport for the first time



#### Seasonal or multi-sport athletes

For multi-sport athletes interested in seasonal participation or a variety of activities



#### Decreased weekly commitment\*

For families committed to less than 3 soccer activities each week (training and a match)

### League Structure

	U12	U13
Per Player Fee	Tier I – III: \$194.00 Tier IV-VII: \$178.00	Tier I-II: \$205.00 Tier III: \$194.00 Tier IV-VII: \$178.00
Program	Tier I, II, III, IV, V, VI, VII	Tier I, II, III, IV, V, VI, VII
Format	9v9	9v9
Regular Season	<ul style="list-style-type: none"> <li>Tier I-III – April 25 – July 26</li> <li>Tier IV-VII – April 25 – July 12</li> </ul>	<ul style="list-style-type: none"> <li>Tier I-III – April 25 – July 26</li> <li>Tier IV-VII – April 25 – July 12</li> </ul>
# of Games	14	14
Play Dates	May play any day of the week	May play any day of the week
Game Length	2 x 35-minute halves	2 x 40-minute halves
Post Season	-	Challenge Cup: July 24-26 ASA Provincials
Standings	No scores or standings posted	Scores and standings posted
Fields	Club Community Fields	Supplied by CMSA
Referees	Scheduled and paid by CMSA	Scheduled and paid by CMSA
Min/Max Roster Sizes	Min 11 - Max 20	Min 11 - Max 20
Roster Composition	Ability Based	Ability Based
Fall Series (Reg'n Required)	September 11 – 13	September 11 – 13

## CMSA Developmental

U14 - U15 –U16 (2012-2011-2010)

**Tier TWO**

April 16 – Sep 26 (Training time will increase to 1.5 hours as daylight permits)

- Tech sessions on Tuesdays from 6:00 to 7:30
- Practice sessions on Thursdays from 6:00 to 7:30
- 8 Fitness sessions on Friday from 7:00 to 8:00 PM
- 4 Video Analysis Sessions
- 14 CMSA games – times and location TBD by CMSA  
Format 11V11 (90 Min match)
- New players will be required to purchase a CCFC Kit (\$135). The kit includes a backpack, two jerseys (home and away), shorts, socks, a hoodie, and a training T-shirt (red or white). The set is mandatory for all players to wear the proper gear. **Players will keep the entire kit.**
- **Cost \$1100**
- **\* Summer Break is July 26 – August 20<sup>th</sup>\***
- **Locations:** St Andrew's Heights (2504 13 Ave NW) and Hounsfield Heights Briar Hill Community Association (1928 14 Ave NW).



- ✓ Soccer Technique
- ✓ Soccer game IQ
- ✓ Small-sided game
- ✓ Decision making
- ✓ Trial and Error
- ✓ Transitions Defend/Attack
- ✓ Tactical game

**Registration is now open**

\*You will need to create a family profile on Otto Sport, add each player individually and choose the program(s) that you would like to register.



## CMSA's U14 – U19 League

### Goals of the CMSA U14 – U19 League

CMSA's league offering for **U14 – U19** includes quality programming for youth at all ages, stages of development, and interest/commitment levels. CMSA welcomes experienced and novice players into any of our clubs to continue or begin their soccer journey. Our U14-U19 leagues operate in alignment with [Long-Term Player Development \(LTPD\) Standards](#) and would be a part of Stage 7 - Community and Competitive.

CMSA advocates for equitable playing time for all players regardless of Tier in these ages. A balance of skill level and commitment should be considered when tiering players. CMSA recommends the following considerations to ensure that players and families are placed accordingly:

### Tier I and Tier II Considerations



#### More developed players

For players who are more developed and experienced in the game of soccer



#### Year-round soccer participation

For players who are more likely to play year-round and/or have soccer as their primary activity



#### Increased weekly commitment\*

For families committed to 3 or more soccer activities each week (training and a match)

### Tier III and Tier IV Considerations



#### More entry-level players

For recreational players and/or players who are entering the sport for the first time



#### Seasonal or multi-sport athletes

For multi-sport athletes interested in seasonal participation or a variety of activities



#### Decreased weekly commitment\*

For families committed to less than 3 soccer activities each week (training and a match)

### League Structure

	<b>U14</b>	<b>U15</b>	<b>U16</b>	<b>U17</b>	<b>U19</b>
<b>Per Player Fee</b>	Tier I: \$237.00 Tier II: \$226.00 Tier III: \$221.00 Tier IV-VII: \$204.00	Tier I: \$266.00 Tier II: \$240.00 Tier III: \$234.00 Tier IV-VII: \$214.00	Tier I: \$250.00 Tier II: \$240.00 Tier III: \$234.00 Tier IV-V: \$214.00	Tier I: \$274.00 Tier II: \$248.00 Tier III: \$243.00 Tier IV-V: \$220.00	Tier I: \$248.00 Tier II: \$248.00 Tier III: \$243.00 Tier IV: \$220.00
<b>Tiers</b>	Tier I - VII	Tier I - VII	Tier I - V	Tier I - V	Tier I - IV
<b>Match Format</b>	11v11	11v11	11v11	11v11	11v11
<b>Season Length</b>	<ul style="list-style-type: none"> <li>• Tier I-III – April 25 – July 26</li> <li>• Tier IV-V – April 25 – July 12</li> </ul>	<ul style="list-style-type: none"> <li>• Tier I-III – April 25 – July 26</li> <li>• Tier IV-V – April 25 – July 12</li> </ul>	<ul style="list-style-type: none"> <li>• Tier I-III – April 25 – July 26</li> <li>• Tier IV-V – April 25 – July 12</li> </ul>	<ul style="list-style-type: none"> <li>• Tier I-III – April 25 – July 26</li> <li>• Tier IV-V – April 25 – July 12</li> </ul>	<ul style="list-style-type: none"> <li>• Tier I-III – April 25 – July 26</li> <li>• Tier IV-V – April 25 – July 12</li> </ul>
<b># of Games</b>	14	14	14	14	14
<b>Play Dates</b>	Any day of the week				
<b>Game Length</b>	2 x 45-minute halves				
<b>Fields</b>	Supplied by CMSA				
<b>Referees</b>	Supplied by CMSA				
<b>Post Season</b>	Challenge Cup (July 24 - 26)	Challenge Cup (July 24 - 26) ASA Provincials	Challenge Cup (July 24 - 26)	Challenge Cup (July 24 - 26) ASA Provincials	Challenge Cup (July 24 - 26) ASA Provincials
<b>Min/Max Roster Sizes</b>	Min 11 - Max 20				
<b>Roster Composition</b>	Ability Based				
<b>Fall Series (Reg'n Required)</b>	September 18 - 20				

\*Typical commitment level, will vary from Club-to-Club

## Academy Skills Programs



### Just for FUN!

This initiative is to invite your buddy to play “The Beautiful Game” with you for **FREE**

Fridays for 1.5 hours  
May 03 to 14 July 31

### Finishing Master Class

8 Sessions (60 min) Sundays, May 03 to June 14 \$180  
Time TBD

### Goalkeeper

8 Sessions Sundays  
May 03 to June 14  
Time TBD

\$ 180 (Free for our club players)

Open to anyone who wants to improve goalkeeping skills

**“NEVER STOP BELIEVING”**

## POLICIES

Calgary City FC adheres to CMSA Policies

- [Accessibility, Equity, Diversity and Inclusion Policy](#)
- [Anti Discrimination Policy](#)
- [ASA Severe Weather and Air Quality Policy](#)
- [Bloodborne Pathogen Policy](#)
- [Code of Conduct to Protect Children](#)
- [Concussion Policy](#)
- [Extreme Heat Guidelines](#)
- [Governance Policy](#)
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